



Choke Check and how to use it

Choke Check can help you identify choking hazards for a young child and could help save their life.

You may be surprised at what common household items children could choke on. Things like buttons, keys, coins and hair ties are all a risk. But there are also many more.

This is where Choke Check can help. Follow the instructions below to create your own Choke Check cylinder. **Anything that fits totally inside the top end of the Choke Check cylinder could become lodged in a child's throat and choke them.**

The Choke Check cylinder is similar in design to test devices used by professional safety testing companies.

It mimics the size and shape of a child's throat up to 3 years old (including the special oval-shaped tab that replicates the base of a child's throat). It shows how easily an object can get stuck in an airway and block it.

The Choke Check is intended only as a guide for consumers and should not be relied on to check for compliance with standards and the law.

For more copies of this free Choke Check tool sheet, visit www.productsafety.gov.au/chokecheck

For more information, visit our websites

www.productsafety.gov.au

www.babyproductsafety.gov.au



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Cut and Keep

What you need to make the Choke Check

- A printer with A4 paper.
- A pair of scissors.
- Some sticky tape.

How to make the Choke Check

1. Print out this document onto A4 paper. When you print this page, make sure your 'page scaling' setting is set to 'none'.
2. Use scissors to cut along the dotted lines.
3. Fold along the thick black lines located on the oval-shaped tab. Fold the oval shape back and the tab attached to it forward.
4. Roll the device into a cylinder around the oval. Make the black arrows meet and use sticky tape to hold it in place.
5. Use another piece of tape to secure the tab lines up to the edge of the cylinder. The oval base should sit on an angle.

